

Updated March 30, 2020



## COVID-19 Benefits Updates

*The following notice provides updates, schedule changes and other information from HII's benefit vendors related to the Coronavirus COVID-19. This document will be updated as new information becomes available.*

### **March 30, 2020 Updates:**

**Loss of benefits as a qualified life event:** If your family member loses coverage from their employer, they could be eligible to enroll in HII benefits as a dependent if you are currently enrolled in HII benefits. Family members eligible for benefits include spouses, domestic partners, children under age 26 and unmarried children of any age who have a certified disability. If your family member loses employer-sponsored benefits from another company and meets one of these criteria, you may be able to enroll them in HII benefits as your dependent. Also, if you are enrolled in a spouse's employer-sponsored benefits and they lose coverage, you may have the option to enroll yourself and your dependents in an HII benefits plan.

Loss of benefits is considered a "qualified life event," which gives you 31 days upon the loss of coverage to enroll your dependents in HII benefits. To enroll a dependent in benefits, log into UPoint from [www.hiibenefits.com](http://www.hiibenefits.com) or call the Huntington Ingalls Benefits Center (HIBC) at 1-877-216-3222. HIBC representatives are available from 9 a.m. to 6 p.m. ET Monday through Friday. Due to high call volume, enrolling online will result in faster enrollment processing.

**Election changes for dependent care flexible spending accounts (FSA):** If you are enrolled in a dependent care flexible spending account (FSA) and your FSA-eligible day care center has closed, you may be able to change your FSA election. Existing IRS rules permit election changes when there is a change in child care provider. Therefore, if your child care or day care center closed due to the coronavirus (COVID-19) pandemic, you may be able to change your FSA election, regardless of if you switch to another child care center. If you wish to change your election, call the Huntington Ingalls Benefits Center (HIBC) at 1-877-216-3222.

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### **March 25, 2020 Updates:**

**Teladoc \$10 fee waived:** In response to the high volume of patients in primary care offices, urgent cares and emergency rooms, HII has worked with Teladoc to suspend the \$10 employee-paid fee over the next 30 days for all employees enrolled in HII's Anthem medical plans. This means employees can access Teladoc's non-emergency medical and behavioral health care without paying the \$10 fee.

**Update on disability services for immune-compromising health conditions:** HII has confirmed that its disability service providers Prudential and Unum will cover short-term disability benefits for employees who have a doctor-approved immune-compromising health condition that makes it unsafe for them to come to work. Prudential and Unum would need documentation from the health care provider confirming this recommendation.

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**Immediate access to medical coverage for newly hired represented employees:** HII has worked with union leaders at Ingalls and Newport News to temporarily suspend the waiting period for represented employees so newly hired employees will have immediate access to medical coverage. This means that represented employees currently in their initial waiting period can now enroll themselves and their dependents in medical coverage starting Monday, March 23. This change is not retroactive and includes medical coverage only. All other elected benefits will start on their original date.

Eligible employees will be contacted by their division with more information. Employees should log into UPoint from [www.hiibenefits.com](http://www.hiibenefits.com) or call the Huntington Ingalls Benefits Center (HIBC) at 1-877-216-3222 to enroll. HIBC representatives are available from 9 a.m. to 6 p.m. ET Monday through Friday. Due to high call volume, enrolling online will result in faster enrollment processing.

**HII Family Vision Centers operating with reduced staff:** The HII Family Vision Centers in Gautier, Mississippi and Newport News, Virginia are currently operating normal business hours with reduced staff to allow for social distancing. Patients and customers will be limited to two in the center at a time. If you wish to pick up eyewear, you are encouraged to call ahead before visiting the vision center. Eyewear will also be shipped at no charge.

- Newport News vision center: Eye exam appointments are being rescheduled as needed but the vision center is open for retail. Shipyard safety glasses services are suspended until further notice. Safety glasses are available in the vision center.
- Gautier vision center: Eye exam appointments have been suspended at this time, but the vision center is open for retail. Shipyard safety glasses services are still in operation.

**HII Family Health Center operations updates:**

- The Family Health Centers in Gautier and Newport News are still operating normal business hours at this time and are adjusting patient schedules to minimize the number of non-acute appointments in-person. Patients with wellness and/or chronic condition management appointments are encouraged to schedule telephonic appointments with their provider.
- The health center staff continues to follow CDC guidelines for testing and in-person appointments, which include instructing patients to call before visiting the health center in person.
- At this time the onsite CVS pharmacies are operating normal business hours. Patients are highly recommended to use the drive-thru to pick up prescriptions versus entering the pharmacy.

**Anthem covering telephonic medical and mental health appointments:** As doctors' offices reduce in-person appointments to support social distancing, HII has confirmed that Anthem will cover telephonic appointments the same as in-person appointments in terms of billing and copays.

**Telephonic HERO counseling:** Employees and family members who wish to speak with a HERO counselor can schedule a free telephonic appointment with the following counselors at the Family Health Centers:

Newport News counselors:

- Martin Phillips, LPC, CMHCC (757) 717-3884

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- Charlie Koah, LPC, CRC (757) 871-3693
- Roshon Britt, LPC, CSAC (757) 323-1292
- Ron Grett LCSW (757) 310-6666

Gautier counselors:

- April Krieger LPC (228) 935-2004
- Ellen Malone LCSW (228) 497-8180
- Orville Johnson, LPC (251) 269-1819

All HERO services are free and confidential.

**Alight Financial Advisors (AFA) adjusted schedule:** AFA's advisor call center is operating adjusted hours from 9 a.m. to 6 p.m. ET. To speak to an advisor, call 1-877-216-3222.

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***March 18, 2020 Updates:***

**CVS Health updates to prescription refills and delivery:** CVS Health announced it has made the following changes to its prescription policies in response to COVID-19:

- Waived early refill limits on 30-day prescriptions for maintenance medications at any in-network pharmacy
- Waived charge for home delivery of all prescription medications

**Teladoc COVID-19 care:** In an abundance of caution, all patients who call into Teladoc will be screened for COVID-19 risk factors per the CDC's guidelines. Teladoc physicians will request a detailed travel and contact history to assess a patient's COVID-19 risk. If a patient presents symptoms consistent with COVID-19, Teladoc physicians will help guide patients to the next step for care and testing as appropriate. If a patient's symptoms and risk factors are compatible with COVID-19, Teladoc will contact the appropriate public health department in accordance with local reporting requirements. The public health department may then contact the patient directly to initiate diagnostic testing and address self-monitoring and quarantine actions as necessary. If a patient contacts Teladoc and asks to be tested for COVID-19, Teladoc will advise the individual to call a local health care provider or their state's public health hotline to verify test availability. Teladoc will also advise patients to call doctors' offices before arriving in person so the office can direct them appropriately and minimize potential exposure.

**Information for HII Family Health Center patients:** To minimize potential exposure, the HII Family Health Centers have instructed patients to call to schedule an appointment before visiting the health center. The online appointment scheduling tool has been disabled at this time. The health centers are also rescheduling all non-acute in-person appointments, including wellness and condition management appointments. QuadMed will contact patients regarding rescheduling or telephonic appointment options.

To make an appointment, please call the health center near you:

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- Gautier, Mississippi health center: (228) 205-7700
- Newport News, Virginia health center: (757) 327-4200

The Family Health Centers, onsite CVS Pharmacies and Family Vision Centers are operating under normal hours at this time. The vision center in Gautier is rescheduling vision exams, but the retail store is still open. Additionally, all QuadMed-sponsored wellness activities, fitness classes and the Ingalls FitCenter have been suspended until further notice.

**Information for Onsite Dental patients:** In accordance with recommendations from the National Dental Association, HII's Onsite Dental clinics in Newport News, Virginia and Gautier, Mississippi have closed. Staff at each location will contact patients and reschedule accordingly. Appointments will be available for emergencies only.

**Know Your Numbers program extension:** As of March 16, QuadMed's BeWell for Life team has suspended all onsite Know Your Numbers health screening events. Employees eligible for the program can use and submit the health screening form found on QuadMed's Wellness Online portal to meet that requirement. To accommodate employees completing the form, HII has extended the program deadline from March 31 to April 30.

**Stress and anxiety resources:** The threat and precautionary measures taken for COVID-19 may cause stress and anxiety, especially for individuals who are vulnerable to the virus or have loved ones vulnerable to the virus. HERO: HII Employees Reach Out offers free telephonic counseling and online resources to all HII employees and their dependents and household family members. Call 1-855-400-9185 24/7/365 to speak to a HERO representative, or visit [www.hiihero.com](http://www.hiihero.com) and use code "Huntington Ingalls" for coping strategies and more.

**Resources and referrals for parents:**

- The CDC website includes a [checklist](#) to help parents plan and prepare for COVID-19 disruptions.
- HERO offers free referrals for child care services nationwide for all HII employees and their families. HERO's representatives and website can connect you with a list of local child care providers. Employees and their families are encouraged to call the HERO phone line for an emailed list of providers that are available. Due to high volume of requests, though, turnaround time for confirmed lists could be a few days. Employees and their families can also visit [www.hiihero.com](http://www.hiihero.com) (code "Huntington Ingalls") and use the Child Care Provider Locator tool to search providers by zip code. Note that some child care providers have closed due to COVID-19.