



TAKE A CLOSER LOOK AT THE COVID-19 VACCINE



YOU CAN'T GET COVID-19 FROM THE VACCINE

None of the COVID-19 vaccines contain the live virus that causes COVID-19 so a COVID-19 vaccine cannot make you sick with COVID-19.

There are several different types of vaccines in development. All of them teach our immune systems how to recognize and fight the virus that causes COVID-19.

WHAT TO EXPECT AFTER GETTING A COVID-19 VACCINE

You may have some side effects, which are normal signs that your body is building protection. These side effects should go away in a few days.

COMMON SIDE EFFECTS:

- Pain or swelling in the arm where you received the shot
- Fever, chills, tiredness and/or headache throughout the rest of your body

SCHEDULING/GETTING THE VACCINE

While vaccine distribution continues across the country, we strongly encourage you to get the vaccine *wherever you have the opportunity*.

Vaccines are *highly* recommended for all employees although this is not mandatory.

Check with your state's health department for COVID-19 vaccination eligibility, providers, and scheduling.

SAFETY REMINDER

- 1 MASK**
- 2 SOCIAL DISTANCE**
- 3 AVOID CROWDS**
- 4 WASH HANDS**

STAY SAFE!

